

The Messenger

November 2023 Volume 32 Issue 4

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Join Us
Sundays:

10am Worship

Followed by
Coffee Hour

WORSHIP CALENDAR FOR NOVEMBER 2023

Our Soul Matters Theme of the month is "Generosity." Ask yourself: How do I show my generosity at home, in the church and out in the community? Do I ever confuse generosity with gift-giving and financial support, or do I see them as the same thing? Who are my generosity heroes and role models? Use these questions or come up with others to discuss with your family, friends or work partners this November.

November 5th "A Doorway to Compassion" Laurie Butz-Meyerrose
Laurie Butz-Meyerrose, Director of The Doorway at Cheshire Medical will be our guest speaker for our November 5th service. The Doorway connects those experiencing addiction to support and services including screening and evaluation, treatment, prevention, and peer recovery. Joys, concerns and more.

November 12th "Give Yourself A Way" Rev. Michael
Some say that the root of prosperity is generosity. The more we give of ourselves, the more we give away to help others, the more willing we are to plant the seeds of generosity, the more likely it is that we will acquire the fruit of compassion and prosperity. How shall we do it---together? The Choir is with us today and there will be a Time for All Ages too.

November 19th "Fear Not Your Generosity" Rev. Michael
That which many celebrate as Thanksgiving is (or is also), a Day of Mourning for others. Today we will think about the reason for days of thanksgiving and the generosity of strangers. We will also consider the way of abundance thinking and the importance of remembering and mourning the people and things that we have lost. Blocks Today!

November 26th "Sharing IS Caring " Rev. Michael
As we pivot from one holiday and roll on to others, it is good to think about the ways that we can share our generosity of our spirit with each other. The holidays sometimes come in shiny paper and ribbons and yet, within, people are often feeling lonely, even oppressed with all the sales pitches and requests for donations. What do we really want during this season of "miracles," joy and goodwill? The KUUC Choir will sing and there will be a Time for All Ages.

KUUC MISSION STATEMENT

The people of KUUC are committed to actively creating compassionate community and working for a fair and peaceful world.

THE SEVEN UNITARIAN UNIVERSALIST PRINCIPLES

Our Seven UU Principles are not dogma or doctrine, but rather a covenant made between our Unitarian Universalist congregations around the world. Many of our members use “The Principles” as a guide for how they choose to live their faith at home and in their communities.

1st Principle: The inherent worth and dignity of every person

2nd Principle: Justice, equity and compassion in human relations

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations

4th Principle: A free and responsible search for truth and meaning

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large

6th Principle: The goal of world community with peace, liberty, and justice for all

7th Principle: Respect for the interdependent web of existence of which we are a part

THE SIX SOURCES OF OUR LIVING TRADITION

As religious pluralists we draw upon multiple sources of inspiration in worship and daily life including:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces that create and uphold life;

Words and deeds of prophetic people, which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions, which inspires us in our ethical and spiritual life;

Jewish and Christian teachings, which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings, which counsel us to heed the guidance of reason and the results of science and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions, which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

REV. MICHAEL'S MOMENT:

"Generosity is giving more than you can, and pride is taking less than you need."
— Khalil Gibran, Sand and Foam

Some of us struggle with generosity, some with humility, others with impatience and fear-based anxiety. Generosity is deep spiritual work; it is reaching in and giving away to create an environment of right sized plenty. Generosity is not centered in fear but fortitude, not pride but possibility. When we are operating from a generous place, we are sowing seeds for a harvest that we might not gather in, waiting out passing showers and seeing them as fleeting, not fretting that all will be lost.

In one sense, from the perspective of the individual with a span of years, it is true; all will be lost: our lives, possessions and recollections. But from within the larger, collective perspective, continuously unfolding, we are trying to make of life something beyond individual worry, vanity and short-sightedness. We are trying, (or should be trying), to create something transformative, compassionate, just and principled that those who follow us will want to build upon.

Yours in Shared Ministry

Rev. Michael

REV. MICHAEL'S SCHEDULE & OFFICE HOURS: November 2023

OFF DAY: Saturdays **WRITING DAY:** Fridays

STUDY & PLANNING DAY: Tuesdays (I am not always at the office during study and planning time, so call me for an appointment if you need to meet on a Tuesday).

OFFICE HOURS: Wednesdays 9 AM-1 PM or by appointment.

VISITATION DAYS: Thursdays 1-5 PM and on other days as time allows or need arises.
[Call me at (508) 821-6092 to schedule a meeting, visit or appointment.]

COFFEE WITH THE MINISTER SUNDAY NOVEMBER 19th:

On Sunday, November 19th at 11:15 AM in the Alliance Room we will have our first "Coffee with the Minister" of 2023.

Coffee with the minister is a great way for newcomers and those considering becoming members of KUUC to meet with Rev. Michael, ask any questions that they have about KUUC or our Unitarian Universalist Association. Grab a cup of coffee in the Parish Hall after the service and bring it with you. We will also have cider and goodies at the event itself. Mark your calendar and we'll see you there!

PRESIDENT'S MESSAGE

Hello everyone, and happy fall!

The colors around us are beautiful but won't last long! Winter is a comin! Meanwhile, let's enjoy all the festivals, apple picking, and pumpkin gathering, while we prepare for the winter.

This past Pumpkin Festival was such a delight. Okay not the rain so much, but I was still impressed how everyone just bundled up and went anyway. We got to hear some selections by the high school kids from MOCO Arts from their next production "The Prom". These are amazing kids, doing an amazing job. Their positive message is to accept others, regardless of their sexuality, wealth, celebrity, or heritage! We should all take on that role!



Meanwhile, Thanksgiving is just around the corner, and it's time for families to gather. This can be a stressful holiday for many, so let's take the message from these teens, and have an enjoyable time! Be Kind!

All the best,
Caroline Stave Viemeister
KUUC Board President



MUSIC

Happy November! Our choir members have been working hard this Fall and singing more challenging pieces. Their dedication to rehearsals and practice at home is admirable. This month the choir will be singing on 11/12 and 11/26.

The music committee has been meeting monthly for planning and collaboration. We're in the process of putting together a "Holiday Sing-a-Long" for the community in December. There will be more information included about this event in the December Messenger.

The monthly theme of generosity encourages us all to find more peace by reaching out and extending ourselves in helping others.

Peace,
Donna

GREETINGS FROM R.E.

Now that my lawn is completely covered in gorgeous yellow and orange leaves and the sun is setting early, I want to burrow as deep as I can into my comfiest chair and get lost in a book with a hot cup of tea or cider. Sigh, if only! The kids' school activities are in full swing, the leaves need to be moved to the side yard so they can protect the pollinators this winter, and Lewis is officially retired (by the time you're reading this anyway)

RE is up and running as well! We've got an incredible group of kids and parents who want to be involved and learn, we're implementing more structure, and getting to know each other. It's been a lovely couple of months!

Dates to remember for RE in November

November 4th - Annual meet up at the Labyrinth by the airport at 4pm. We will walk the labyrinth, light out chalice, be together in peace and then run around. Please bring a flashlight if you have one, and your cold weather gear! I'm always more cold than I anticipate being.

November 19th - BLOCKS. New protocol - if you are interested in seeing the constructions, please come up to the Blocks Room by 11:10 at the latest, and please stay to help with Block-Take-Down. Also, please note that choosing to stay in coffee hour is an entirely acceptable option. -Deborah Dunnell

As always, if you would like to be involved, I'm only an email away. If you'd like to facilitate or co-lead a lesson, if you have something you'd like to share, or you just want to be involved please don't hesitate to reach out.

Mallory

SLICE OF FELLOWSHIP

Friday November 3rd

Slice of fellowship is a monthly potluck dinner open to all members and friends of KUUC and is held on the first Friday of the month during the church year in the parish hall. Wine (BYOB) and cheese are at 5:30 pm followed by dinner at 6:00.

This month's theme is Italian Cuisine hosted by Betty and Mike Forrest. You are asked to bring a veggie, main dish or dessert to share. Please bring your own dishes, flatware and napkins. (Wine glasses and coffee mugs are supplied.) Call Betty Forrest 603- 357-1534 or email mandbforrest@myfairpoint.net with any questions.



NOTE: The stove in the kitchen has been removed. Until a new stove is available, food may be warmed in the microwave if needed or crock pots work well.

HOLIDAY GREENS AND GIFTS FAIR

Fri Dec 1 from 5:30-7:30 and Sat Dec 2 from 10-2

There's only 5 weeks left! The fair is one of three fundraisers this church year that will help us to close the gap between our budget for KUUC needs and the pledges that were made. We need your participation. Sign up sheets will be posted in the Fellowship Hall for each table. Sign up to let us know what you can donate. Mid-November we will have a sign up sheet for fair workers. Questions? Contact Barbara Meikle, bpameikle@gmail.com or Debra Zagaeski dzagaeski@gmail.com

There are 2 new tables this year which we will explain in further detail. Gift Again, a ReGifting Shop will accept new gifts that you received but didn't want or need. It is best if they are in the original boxes. Put a price on the gift to help us out. If you know the original price or can guess what it is, price the gift at half that amount. Grandma's Kitchen will sell dry soup ingredients in quart jars (recipes provided), canned veggies or fruits in Mason jars, and take and bake family size frozen dinners in disposable containers.

Important Dates:

Berry Bowls

- Picking Berries: Saturday, October 28, 2023 1:00-4:00pm 44 Felt Rd., Keene*
- Berry Bowl Making: Saturday, November 4, 2023 10:00am -12:00pm KUUC Kitchen
- Covering Berry Bowls: Sunday, November 26, 2023 11: 15 - 12:30PM KUUC Kitchen

Decorate wreaths, swags, and kissing balls (no experience needed) in Parish Hall

- Monday, November 27, 2023 6:00 - 9:00 pm
- Tuesday, November 28, 2023 1:00 - 4:00 pm
- Wednesday, November 29, 2023 9:00-12:00 pm

Make Knit and Stitch Crafts (no experience needed)

- Wednesdays 12:00 - 1:00 pm in KUUC library (upstairs)
- Or pick up kits to make at home in the Parish Hall after Sunday Services

*this is the correct time, the event begins at 1 pm (an incorrect time was emailed earlier)

Table Chair people:

Wreaths & Kissing Balls - Carol Peale

Berry Bowls - Wendy Byrn

Bake Shop - Debra Zagaeski

Craft Corner - Erica Kempf

Gift Again Shop -

Book Nook - Win & Bea Sargent

Grandma's Kitchen - Barbara Meikle

Coffee Shop - Mickey Cronin





Lily Pond Hike

Sunday, November 5

Meet at KUUC 12pm for carpool
to Surry Mountain Preserve trailhead
on Old Gilsum Road

Towering trees. Flowing streams. Safe haven for wildlife. Lily Pond is in the incredible Surry Mountain Preserve, in Gilsum. Described by the Nature Conservancy as 1,324 acres of climate-resilient land that will never be developed. Black bears, bobcats, fishers and other wildlife roam freely across the land's extensive, high-quality habitat.

Plan on a 2.5-hour moderate hike. Wearing orange or red is advised for bow and musket hunting season, sneakers or other comfortable shoes for walking. Everyone will take personal responsibility for their level of comfort and safety.

For more info and to RSVP:
Stella Scott, (603) 400-3448,
stelsco@gmail.com



Alltrails.com

UU CHRISTIAN SCRIPTURES FELLOWSHIP GROUP

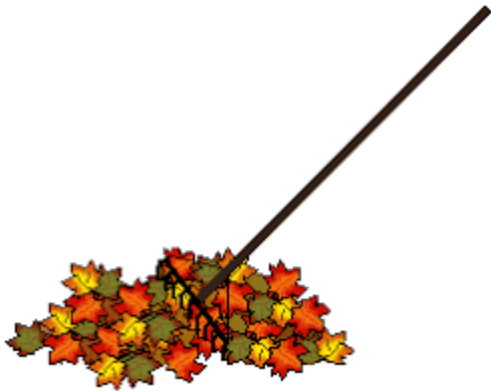
Sacrificial Love Tuesday, November 7. 5:00 PM

The UU Christian Scriptures Fellowship Group will meet on Tuesday, November 7th at 5:00, in person in the Alliance Room with the option to participate via ZOOM.

Our topic will be "Sacrificial Love." Our readings and discussion will include reflection on the sacrifices made by veterans and those in military service in recognition of Veterans' Day.

All are welcome to attend any meeting. This group follows the 4th UU principle (free and responsible search for truth and meaning) and is free of the dogma associated with traditional religion. Meetings are held the first Tuesday of every month at 5:00. For information contact Carol at CStamatakis@outlook.com or 603-398-5389.

GROUNDS CLEANUP WORK MORNING



On Saturday, November 11th from 9:00 - noon, we will get together to clean up our church yard and prepare it for winter. The leaves and garden debris will be raked and put on the curb to be picked up by the city on Monday, November 13th.

Please bring your tools (rakes, tarps, etc.) As the saying goes, "Many hands make light work and great fellowship". The rain/snow date will be Sunday 11/12/23 after the 10 a.m. service.

BUDGET SPECIAL MEETING

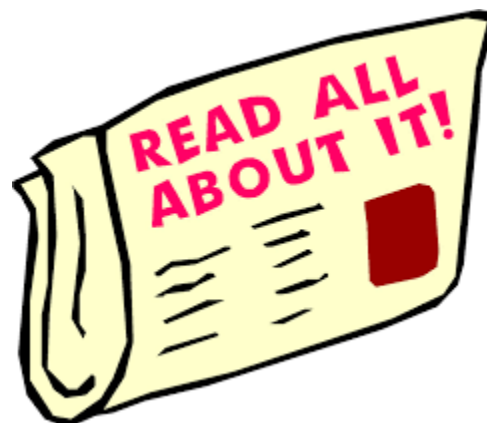
There will be a special meeting after worship service on Sunday November 12, 2023 to approve the proposed full fiscal year budget for July 1, 2023 through June 30, 2024. A quorum of KUUC members needs to be in attendance for the meeting to be held and the budget approved, so please make every effort to be there.



UPCOMING MESSENGER DEADLINE

The deadline for the December *Messenger* will be 5 P.M. Monday, Nov 20th. The due date for *Messenger* submissions will be on the 20th of the month prior to their issue (the only exceptions will be for the January issue---deadline December 15th---and the fact that there is a blended June/July *Messenger*).

Send all your articles to Rev. Michael at rev.michaelkuuc1824@gmail.com and Erica Kempf office@kuuc.org.



COMMUNITY EVENTS



TH!RD ACT

NEW HAMPSHIRE

A community of Americans over the age of 60 determined to change the world for the better. Learn more about Third Act and Third Act NH and how you can act on climate change, protect voting rights and safeguard our democracy.

Join us for our webinar launch: Thursday November 2, 7:00-8 p.m.

Register for this event by using this link: [Third Act NH Launch Registration](#)

2023 Kristallnacht Remembrance

Thursday, November 9 from 5:30 - 6:00 p.m. at the Band Stand in Central Square (Keene, NH)

Join the Cohen Center on the anniversary of Kristallnacht to remember those who were affected by this pogrom (wave of antisemitic violence) in 1938. At this event, we will also stand together with local leaders as we recommit ourselves to being a community that resists hatred and violence. *Advanced registration is not required. In the event of inclement weather, this event will be held at the Keene Public Library.*

2023 Kristallnacht Lecture

Tuesday, November 14 from 6:00 - 7:00 p.m. at the Alumni Recital Hall, Redfern Arts Center at KSC

The Cohen Center will be hosting Suzanne Hampel, Co-President of the Melbourne Holocaust Museum (Australia), for a talk on "Australia's Response to the Holocaust." Hampel's talk will examine the Australian response to the rise of Nazism, Kristallnacht, and other key moments during World War II. She will also address how Jewish immigrants to Australia have had a lasting impact on shaping the broader culture. *This event will be offered both in-person and via livestream. Tickets are free and open to the public, but seats must be reserved in advance. To learn more or register, visit: https://giving.keene.edu/2023_kristallnacht_lecture/*

Special Talk "The Long Campaign for Indigenous Rights in Australia"

Wednesday, November 15 from 7:00 - 8:00 p.m. at the Congregation Ahavas Achim, Keene, NH

Suzanne Hampel OAM will also deliver a special talk that is co-presented by the Cohen Center for Holocaust and Genocide Studies and Congregation Ahavas Achim. This lecture will trace the dispossession of Australia's indigenous people, the long campaign for Aboriginal rights, and the case for an apology to the Stolen generation. She will also consider the role of Jewish community leaders in supporting Aboriginal causes. *This lecture will be presented both in-person and via livestream. Tickets are free to all, but advanced registration is required. To learn more or register, visit: registration.keenesynagogue.org/Nov152023SpecialEvent*

COMMITTEE CONTACTS

Circle of Caring:	Betsy Zimmerli & Betty Forrest
Investment:	John Bordenet
Middle East Study Group:	Jim Smart
Membership:	Deb McLay
Religious Exploration:	Barbara Bryce
Senior Lunch Bunch:	Betty Forrest
Shawls of Love:	Darcy Doyle
Slice of Fellowship:	Betty Forrest
Stewardship:	John Walter
Ushers:	Tom Haynes
Wayside Pulpit:	Lindsay Bartlett
Worship:	Lindsay Bartlett
Property:	Jim Butterfield



KUUUC CONTACT LIST 2022-23

WORSHIP SERVICES

STAFF

Sunday Services: 10:00 A.M.
Religious Exploration: 10:00 A.M.
 September-June
Summer Services 10:00 A.M.
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Minister: **Rev. Michael Hall**
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Religious Exploration Coordinator:
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Music Director: **Donna Dearth**
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Office Manager: **Erica Kempf**
office@kuuc.org
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Technical Support **David Teubner**

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