Mini Messenger



http://www.kunuc.org



JUNE & JUILY 2023 WORSHIP CALENDAR

1 Summer Worship Calendar 2023

June 24, 2023 Which Way Do I Go

Rev Michael F. Hall

Theme: Choosing a path and getting started

2 Summer Worship Update Zoom Link:

https://us02web.zoom.us/j/89299184269?pwd=ckk5TTZQN1dzOVN5eE1UQTU1TlgwUT09

Passcode: 456708

3 KUUC Mission & UU Beliefs

July 2, 2023 On the Road

Rev Michael F. Hall

Theme: Journeying Among Friends

4 Sharing Ministry & Office Hours

July 9, 2023 Remember Me?

Rev Michael F. Hall

5 Anne Piper's

Theme: Memory, loss and meaning

Celebration of life

July 16, 2023 Don't Look Down Rev Michael F. Hall

5 Other News, Events & Updates

Theme: Spiritual Risk-taking. (Hairy highlights from an Irish trip.)

8 General information July 23, 2023 -- No Service

July 30, 2023 -- No Service

o KUUC Contact information

[So that you are able to plan ahead, the other two summer Sundays without a service will be August 20th and September 3rd.]

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SUMMIER WORSHIP 2023

I know that many of you have been wondering about KUUC's summer services---like are we having any?

The answer to that is YES. They will be more relaxed and shorter (30-40 minutes), with a little more meditative time <u>and</u> a fair bit of conversation.

What do I have to do?

Just come and bring some water to drink. There are no plans for a coffee hour, probably just recorded music and a chance to hear about some of the things that I thought about and reflected on during my time on sabbatical. Hopefully, it will consist of Ingathering music for the early birds, the chalice lit, a short reflection, a few questions to think about during our time for meditation and then a conversation around what the reflection and questions brought up for <u>you</u>. I know in sounds simple, more than a little like a Covenant Group, "I don't know."

Give it a chance, it might just grow on you.

When and where? The Sanctuary. Ingathering Music will start at 9:45 AM for those who arrive early. The service itself will begin at 10 AM on the dot, and be done no later than 10:40, so you will have plenty of time to get to the store, go out for brunch or get to whatever your next summer activity is by noon.

Do I HAVE to go?

Of course not, worship, in whatever form it takes, should be a joy (except when it is a challenge). It isn't meant to be a pain, but to alleviate it. I really get that some of you just need a little break---so take it. I have faith that you will come back. Also, we will be taking 4 Sundays off this summer because I know that many of you have given so much this year that you need to have less on your plate. Let's all have some fun this summer.

Why the Reflections?

You will be helping me to both share and shape these reflections on things that I experienced and thought about while on my sabbatical—and want to share with you. I hope that these stories will interest you enough to reflect on them and share what they sparked in you.

So, No Live Stream?

Yes, they will be streamed, but it will be on **ZOOM** not on our YouTube station. Also, it will only be streamed live, no recording will be done or allowed.

Now you see it, now you don't.

Rev. Michael

KUIUC MISSION STATEMENT

The people of KUUC are committed to actively creating compassionate community and working for a fair and peaceful world.

THE SEVEN UNITARIAN UNIVERSALIST PRINCIPLES

Our Seven UU Principles are not dogma or doctrine, but rather a covenant made between our Unitarian Universalist congregations around the world. Many of our members use "The Principles" as a guide for how they choose to live their faith at home and in their communities.

1st Principle: The inherent worth and dignity of every person

2nd Principle: Justice, equity and compassion in human relations

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our

congregations

4th Principle: A free and responsible search for truth and meaning

5th Principle: The right of conscience and the use of the democratic process within our

congregations and in society at large

6th Principle: The goal of world community with peace, liberty, and justice for all

7th Principle: Respect for the interdependent web of existence of which we are a part

THE SIX SOURCES OF OUR LIVING TRADITION

As religious pluralists we draw upon multiple sources of inspiration in worship and daily life including:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces that create and uphold life;

Words and deeds of prophetic people, which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions, which inspires us in our ethical and spiritual life;

Jewish and Christian teachings, which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings, which counsel us to heed the guidance of reason and the results of science and warn us against idolatries of the mind and spirit;

Spiritual teachings of Earth-centered traditions, which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

SHARING MINISTRY SUIMMER 2023

Dear Members and Friends---

It is exciting to be back with you once again. I really appreciate the reception that the Sabbatical Committee (and others I am certain) put together for my return to the pulpit on June 4^{th} . I am so happy that we have had not one but three fantastic service to bring the old "church year" to a close. But I am a full-service minister and worship is not the only thing that I have been up to.

I already have met with many of you at your home, in my office and in your healthcare facilities---it's a priority. I have been planning a new slate of summer services that are shorter, with more time for shared silence and conversation. I have been meeting with the Board, checking out my final expenses and trying to remember what key goes to which door. I have welcomed Allie, our new interim Office Manager, she is a dynamo and a delight. I am excited about what Deb Zagaeski and Barbara Meikle are cooking up for fundraisers, and the adventures Tom Julius and the gang from KUUC Outdoors have cooked up for us.

As my sabbatical was over after the June-July *Messenger* had gone out, I realized there were a few things that we need to get to you before the August *Messenger* goes out (deadline for that publication is July 20th). Hence this *Mini-Messenger*!

I cannot wait to see you again over the summer. It is hard to believe that on July 1st I will begin my 12th year as the 23rd settled minister of this historic community.

See ya in church!

Rev. Michael

REV. MICHAEL'S SCHEDUILE & OFFICE HOURS May 2023:

OFFICE HOURS: Wednesdays 9am-12pm or by appointment.

Rev. Michael will be out of the office August 2nd.

Please consider calling ahead to reserve a time to visit.

CELEBRATION OF ANNE PIPER'S LIFE:

The Celebration of the Life of Anne M. Piper will be happening at KUUC on Wednesday, July 5th at 11:00 AM. You may attend live or by live stream.

In lieu of flowers, donations may be made to the Keene Unitarian Universalist Church, or Home Healthcare Hospice & Community Services.



OTHER ANNOUNCEMENTS, MEETINGS, EVENTS, ETC.



Monadnock Interfaith Lay Leaders Gathering

Wednesday, August 9, 5:30-7:30pm St. James Episcopal Church, Keene



Faith is a bridge across differences. MIP connects people to make more good things happen. Come share a meal and connect with others who live lives with hope, promise, and purpose. We will:

- Develop meaningful relationships across faiths
- Learn how our fellow congregations put faith into action
- Come together with others for positive change

Dinner will include soup, salad, and bread. Click <u>here</u> to reserve your spot and let us know about any dietary preferences or accessibility needs. Please reach out to Angela at <u>angelapape.mip@gmail.com</u> with any questions.

JIESUIS AND BUIDDHA SERIES

The UU Christian Scriptures Fellowship Group will continue with the Jesus and Buddha series in July and August. The July meeting will be on July 11th and the August meeting on August 1st.

The meetings will begin at 5:00pm in person in the Alliance Room, with the option to participate via ZOOM. All are welcome to attend any meeting.

This group follows the 4th UU principle (free and responsible search for truth and meaning) and is free of the dogma associated with traditional religion.

For information contact Carol at CStamatakis@outlook.com or 603-398-5389.





This month KUUC Outdoors joins with the Monadnock Interfaith Project to offer a guided woods walk. See the description below with a link to RSVP and the full KUUC Outdoors 2023 schedule.

For information contact: Tom Julius (603) 357-4521 tjulius54@gmail.com

Nature & Spirit Guided Woods Walk Stonewall Farm Trails, July 15, 9am

242 Chesterfield Rd, Keene

with Pastors Jenna Frost & Traceymay Kalvaitis



Join us on an interfaith walk to connect with nature, spirit, and one another. We'll have opportunities to learn about the local ecology and reflect on our spiritual connections with the natural world.

Plan on an hour and a half easy walk with stops along the way, followed by light refreshments. Sneakers or other comfortable walking shoes are sufficient. Dress for the weather, only inclement conditions would cause us to reschedule. Everyone will take personal responsibility for their level of comfort and safety.

Click here to register so we have a sense of how many to plan for: MIP Nature & Spirit Walk Sign Up

KUUC Outdoors 2023 Schedule

Aug 26 Paddle & Swim Island Pond, Stoddard, (Deb McLay)

Sept/Oct Birding, TBA (Wendy Byrn)

Sept 30 Fall Paddle, Washington Pond, Marlow, (Deb McLay)

Nov 5 Lily Pond Hike, Gilsum (Stella Scott)

If you would like to become a subscriber and receive the MIP eNews directly through your email contact MIP at monadnockinterfaith@gmail.com.



COMING TO KUUC October 21, 2023

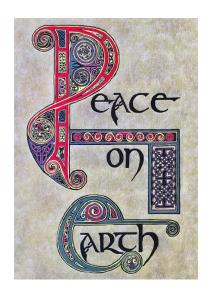
START SAVING YOUR ITEMS NOW!

WE WILL BE ACCEPTING ITEMS IN THE FALL

Items to include: vintage, antique and collectibles, small furniture, household goods, holiday items, hand-made items, pet items, kitchen items, sports equipment, toys, children, baby items, jewelry, books (good quality- NO MOLD- NO text books, encyclopedias, reference books) Not accepting clothing.

Would you like to help? More information?

Barbara Meikle: <u>bpameikle@gmail.com</u> or Debra Zagaeski: <u>dzagaeski@gmail.com</u>



GENERAL INFORMATION:

AUGUST MIESSENGER DEADLINE

The <u>deadline</u> for the August *Messenger* will be 5 P.M. on <u>Thursday</u>, <u>July 20th</u>. The due date for *Messenger* submissions will be on the 20th of the month prior to their issue (the only exceptions will be for the January issue---deadline December 15th---and the fact that there is a blended June/July *Messenger*).

Send all your articles to Rev. Michael at <u>rev.michaelkuuc1824@gmail.com</u> and Allie Stoddard Gruber <u>office@kuuc.org</u>.

KUIUC CONTACT LIST 2022-23

WORSHIP SERVICES

STAFF

Religious Exploration Coordinator:

Sunday Services: 10:00 A.M. Minister: Rev. Michael Hall

Religious Exploration: 10:00 A.M. <u>rev.michaelkuuc1824@gmail.com</u>

(508) 821-6092

September-June

Summer Services 10:00 A.M. Mallory Hicks kuucrec@gmail.com

(540) 849-7550

Address: 69 Washington Street

Keene, NH 03431

Phone: (603) 352-1719 Music Director: Donna Dearth

rdearth@hotmail.com

E-mail: office@kuuc.org

Website: <u>www.kuuc.org</u> Office Manager: Allie Stoddard Gruber

Facebook: Keene Unitarian Universalist office@kuuc.org (603) 352-1719

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